



SHARED STORIES RIGHTS GUIDE

LIFESTYLE

Autumn 2025

Shared Stories Rights Agency is the in-house rights agency of Dutch VBK Publishing Group (Veen Bosch and Keuning Publishing Group), part of Simon & Schuster, representing fiction and non-fiction, lifestyle and children's and YA titles.

Since 2013, Shared Stories Rights Agency handles translation rights, as well as tv, film and stage rights for Dutch and Flemish authors.

PUBLISHING HOUSES OF VBK

ALFABET

Genres – literary fiction, non-fiction, history

Authors – Eva Taylor-Tazelaar, Michael Lewis, Florian Illies, Philip Norman, Annelien de Dijn, Michal Citroen, Mathijs Deen, Matthieu Aikins

ANKHERMES

Genres – Spirituality, health, mind, body & spirit, personal growth, esoteric

Authors – Eckhart Tolle, Gabor Maté, Don Miguel Ruiz, Louise Hay, A Course in Miracles

ATLAS CONTACT

Genres – literary fiction, poetry, non-fiction, business

Authors – Haruki Murakami, Kashuo Ishiguro, Julian Barnes, Lucas Rijneveld, Adriaan van Dis, Oek de Jong, Geert Mak, Jan Brokken, Francis Fukuyama, Stephen R. Covey, Daniel Kahneman, Simon Sinek, Steven Pinker, Colson Whitehead, Ian Buruma, Simon Schama

DE FONTEIN

Genres – crime fiction, thrillers, true crime, historical fiction, feelgood, picture books, middle grade, Young Adult, youth thrillers

Authors – R.J. Ellory, Sophie Hannah, Peter James, Joanne Harris, Karen Rose, Jojo Moyes, Quentin Blake, Roald Dahl, Jonny Duddle, Mark Haddon, Jeff Kinney, Rachel Renée Russell, Mel Wallis de Vries, Peter van Gestel

HOUTEKIET

Genres – literary fiction, crime fiction, thrillers, historical fiction, women's fiction, sports, upmarket literary non-fiction, history, economy, philosophy, science, medicine

Authors – Jostein Gaarder, Jo Claes, Dora Heldt, Dirk Verhofstadt, Johan Braeckman, Marc de Bel, Will-Limba Moleka

KOKBOEKENCENTRUM

Genres – theology, religion & church, Christian fiction, faith-based non-fiction, historical non-fiction, family sagas & regional novels, children's books, Young Adult

Authors – Nick Vujicic, Malala, Charlie Mackesy, Mariann Budde, Andrew Roberts, Brigitte Hamann, C.S. Lewis, Paul Dowswell, Elizabeth Musser, Laura Hillenbrand

KOSMOS

Genres – food & drink, arts & crafts, family & health, parenting, personal growth & spirituality, self-help, icons, travel & leisure, natural history & gardening

Authors – Jamie Oliver, John Wiseman, National Geographic, Peter Hayman, Deepak Chopra, Alex Ferguson, Baptist de Pape, Ella Woodward, Sascha Blase-van Wagtendonk, Eveline Helmink, Eline Snel, Jord Althuisen

LUITINGH-SIJTHOFF

Genres – thrillers, crime fiction, historical fiction, fantasy, feelgood, romance, non-fiction, picture books, middle grade, Young Adult

Authors – Dan Brown, Stephen King, George R.R. Martin, Graeme Simsion, Jill Mansell, Giulia Enders, Terry Goodkind, Jessie Burton, Lee Child, Danielle Steel, Tony Crabbe, Benji Davies,

Meg Rosoff, Samuel Bjørk, Anya Niewierra, Enne Koens, Lotte Stegeman, Annemarie van den Brink, Marja Baseler, Tjarko van der Pol, Kevin Hassing, Wilma Geldof

TEN HAVE|OMNIBOEK

Genres – philosophy, humanities, psychology, personal growth, conscious living, spirituality, history

Authors – Michael J. Sandel, Michael Puett, Mihaly Csikszentmihalyi, Thich Nhat Hanh, Pema Chödrön, Judith Butler, Dan Jones, Luit van der Tuuk

ZOMER & KEUNING

Genres – romance, romantasy, feelgood, TikTok-authors

Authors – Colleen Hoover, Rebecca Yarros, Jennifer L. Armentrout, Lucy Score, Holly Martin, Scarlett St. Clair, Cathy Bramley, Elena Armas, Casey McQuiston, Alexis Hall

ZWARTJES & LABOVIĆ

Genres – fiction and non-fiction that understands, shapes and interprets the zeitgeist

Authors – Charlotte Labee, Salih El Saddy, Sophie Visser, Cathy Sweeney, Linn Strømsborg

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RECENT INTERNATIONAL RIGHTS DEALS



The Little Frog Awakes

By Eline Snel

Rights sold to: Albatros (Czech Republic)



Crochet Flowers

By Sascha Blase-van Wagtendonk

Rights sold to Search Press (World English Rights)



Crocheting for the Nursery with Sam & Julia

By Karina Schaapman & Kimberley Zwaans

Rights sold to Marabout (French World Rights)



Delightful Scarves

By Sascha Blase-van Wagtendonk

Rights sold to Stiebner Verlag (Germany)



Maarten Langeslag left his office job in advertising to start working more with his hands. After working at various places, including world-renowned restaurant De Kas, he started bakery Fort Negen in 2021. It is now a popular hotspot in Amsterdam.

© Leila van Rooden



‘Croissants of such high quality that even the Empire State Building looks up to them.’ – @Snackspert

★ Focusing on the ‘no waste’ approach

ZWARTJES & LABOVIĆ 384 PAGES SEPTEMBER 2025

FULL ENGLISH TRANSLATION AVAILABLE

MAARTEN LANGESLAG

THE BAKING GUIDE BY FORT NEGEN

SOURDOUGH, PATISSERIE, VIENNOISERIE AND SANDWICHES

Bakery Fort Negen is perhaps Amsterdam’s best-kept secret. Well, secret... On the weekends, there are long lines to enter the bakery, and dozens of top restaurants feature its products on their menus. In *The Baking Guide by Fort Negen*, you will learn the best basic recipes for bread, croissants, cookies, and cruffins, but, above all, lots of techniques and creative variations with a ‘no waste’ approach.

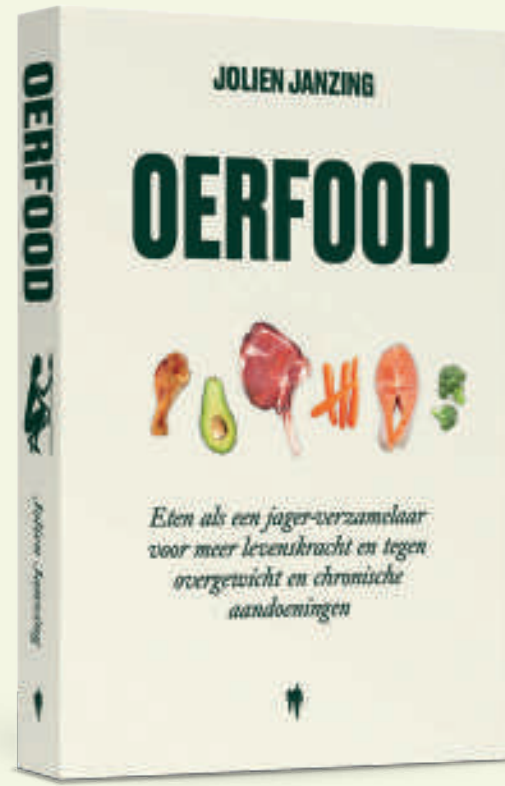




Jolien Janzing is an author and journalist. Her novels have been translated into several languages, and her debut children's book, *Atta*, is a bestseller. *The Hunter-Gatherer Diet* is her first non-fiction book.

★ Jolien Janzing's novels have been translated into 7 languages

★ The author was diagnosed with Multiple Sclerosis over twenty years ago. The hunter-gatherer diet gave her back a bit of her normal life.



‘A wealth of no-nonsense advice on how to become and stay healthy.’

— William Cortvriendt, doctor and author of bestsellers such as *How to Live to Be 100*, *Lighter* and *Cancer-Free*

BORGERHOFF & LAMBERIGTS 360 PAGES APRIL 2025

ENGLISH SAMPLE TRANSLATION

JOLIEN JANZING

THE HUNTER-GATHERER DIET

EATING LIKE A HUNTER-GATHERER FOR MORE VITALITY AND TO COMBAT MEDICAL COMPLICATIONS

What if nutrition plays a much greater role in chronic diseases than we think? What if the key to health lies in the diet of our prehistoric ancestors?

Although our world is changing rapidly, humans have hardly evolved genetically. Our bodies are still attuned to our ancestral diet, but our eating habits have strayed further than ever before. There is a way out—and it starts on your plate. In *The Hunter-Gatherer Diet*, you will find plenty of information on this diet and how it helps different complications, along with the practical steps to follow it successfully.



Esther Aarts is Professor of Nutrition and Brain Sciences at Radboud University in Nijmegen. Esther is a leader on insights into the relationship between your brain and your eating behavior.

★ **Esther Aarts is Professor in Nutrition and Brain Sciences**

★ **An insightful and relatable dive into our eating habits**

★ **The book was very well received by the Belgian press**



BORGERHOFF & LAMBERIGTS 256 PAGES 2024

ENGLISH SAMPLE TRANSLATION

ESTHER AARTS

WHY WE ALWAYS FINISH A BAG OF CHIPS AT ONCE

THE LINK BETWEEN WHAT YOU EAT, THINK AND DO

Why can you endlessly consume chips but quickly get tired of carrots? Why do you reach for comfort food when you feel stressed or sad? And why is it so hard to resist that tempting chocolate bar at the supermarket? The answers lie in your upper chamber: our brain determines our eating behavior. But did you know that you can also influence your brain through your eating behavior? Your diet can regulate cognitive processes, ranging from how motivated you feel to how well you can control your impulses.

In *Why We Always Finish a Bag of Chips at Once*, professor Esther Aarts reveals the complex relationship between your diet and your brain. She does so by using the latest insights from neuroscience and with great enthusiasm for everything that happens in our brain. A book packed with practical tips for incorporating healthier eating patterns into your daily life.



Tom de Prest completed his Master's degree in kinesiology at KU Leuven and ran a kinesiology practice for 15 years. He noticed that his clients' symptoms changed in line with society's expectations: as time progressed, he observed more chronic complaints, more back and neck pain, sports injuries that returned more quickly or persisted longer... De Prest then changed his approach and began to specialize in the total picture of the human being.

★ The accessible alternative to *The Body Keeps the Score*

★ A surprising book about the impact that events and emotions have on your body and thinking patterns

30.000
COPIES SOLD
IN BELGIUM



TOM DE PREST

HOW THE BODY REMEMBERS WHAT YOU HAVE FORGOTTEN

The influence of emotions and experiences on our lives is all too often underestimated. Major or minor traumatic events from the past determine our behavior without us even noticing. In this book, Tom de Prest, manual neurotherapist and kinesiologist, explains the impact your emotions, thoughts, and feelings have on your body and how they influence your thinking. The more often you have a thought, the more frequently your body will respond physically to it. In other words, you are living on autopilot. Thanks to this book, you can learn to recognize and break such patterns, consciously choosing a physically and mentally powerful life.

BORGERHOFF & LAMBERIGTS 192 PAGES 2022

ENGLISH SAMPLE TRANSLATION



Mirjam van der Vegt is a silence coach and bestselling author who has been translated into multiple languages.

Elise Brouwer is a Dutch and English teacher and previously wrote *Desert Rain*, a handbook for dark days.

© Aminda Fotografie

★ Travel along through the layers of the Earth to discover your inner energy

★ Mirjam van der Vegt's previous book, *Take a Rest Amid Chaos*, sold 30.000 copies in the Netherlands and won the Best Spiritual Book Award 2021



MIRJAM VAN DER VEGT & ELISE BROUWER

NEW ENERGY

EXPLORE THE LAYERS OF YOUR LIFE

Do you also feel like there is more to life? That life is too precious to live in a hurried and superficial way? In this inspiring book, Mirjam van der Vegt and Elise Brouwer take you on a unique journey to the core of your existence, where energy is abundant. Inspired by Jules Verne, they spoke with geologists, philosophers, monks, and writers. Mirjam and Elise translated their discoveries into practical tools and wrote *New Energy* as a compass for your own quest to the energy that you want to fill your life with.

‘The book guides you towards a mindset that brings inner peace—and, with it, perspective, focus, and clarity.’

— Jury report of the Best Spiritual Book Award 2021 on
Take a Rest Amid Chaos

TEN HAVE 208 PAGES OCTOBER 2025

ENGLISH SAMPLE TRANSLATION



Anne de Bruijn is an (audio) producer and writer of, among others, *Don't Buy this Book* and *Don't Read this Book*.

© Evy Hachmang

★ You are special exactly as you are... Just like everyone else!

★ Anne de Bruijn has contributed to English books before writing her Dutch debut

★ Written in a light and humorous tone



TEN HAVE 192 PAGES JUNE 2025

ENGLISH SAMPLE TRANSLATION

ANNE DE BRUIJN

THERE IS NOBODY LIKE YOU

WHY WE SHOULD STOP COMPARING OURSELVES TO OTHERS

In *There is Nobody Like You*, Anne de Bruijn explores the deep human need to be seen and why we compare ourselves with famous musicians, athletes, and the people around us, even though this is counterproductive. De Bruijn helps you to understand this need and put it into perspective, showing that you are already special exactly as you are. Just like everyone else.

‘Anne de Bruijn offers reassurance, providing examples and conclusions that bring perspective and clarity’

— *Happinez*



Arjan van Dam is a psychologist and runs a training and consulting firm. He gives trainings, lectures and workshops, and is often featured in scientific and popular magazines. He previously wrote the highly acclaimed books *The Art of Failure* and *Trapped in Never Enough*.

©Dick Vos

★ Leave the rat race of performance behind and dive into the power of self-discovery

★ Analytical and solution-oriented, highlighting research



‘Van Dam manages to write in a very accessible way about this sometimes quite complex subject matter.’

— Trouw on *Trapped in Never Enough*

ARJAN VAN DAM

SHIPWRECKED BY SUCCESS

DON'T LET YOURSELF BE CONSUMED BY OUR PERFORMANCE-DRIVEN SOCIETY

We live in a society where performance determines how successful you are. We are convinced that performance determines our value. But what if that deep-rooted belief turns out to be nothing more than a persistent myth? Van Dam offers a balanced view of what really matters. This is sorely needed, because in a society in which performance reigns, the pressure to perform, fear of failure, and selfishness push connections, personal growth, and learning into the background.

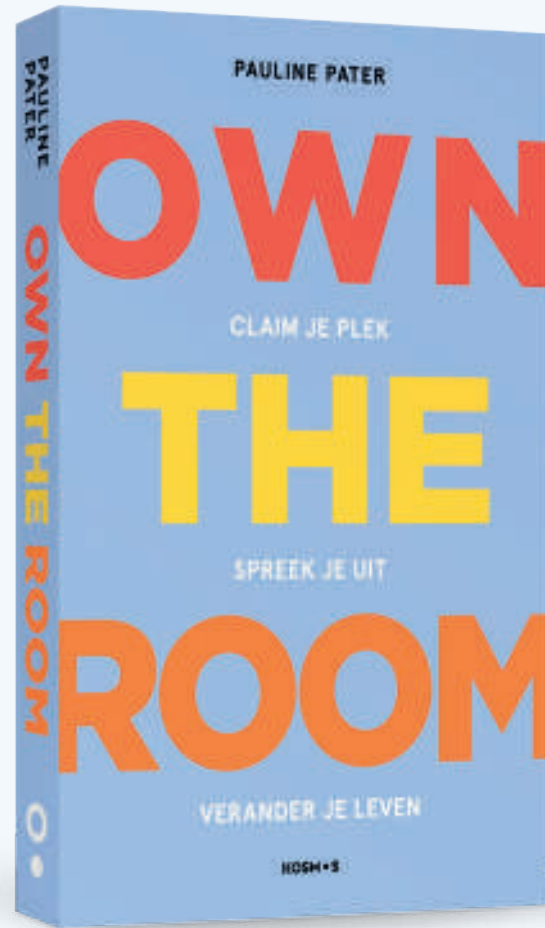
KOKBOEKENCENTRUM 224 PAGES SEPTEMBER 2025

ENGLISH SAMPLE TRANSLATION



Pauline Pater is an entrepreneur, speaker, and presentation trainer, with clients such as Nestlé and the Dutch government. Pauline fought her way out of a strict Christian environment, went to university, and exchanged her boring office work for her dream job.

- ★ The public speaking trainer for strong women
- ★ On confidence as a core tool for owning every room you step in
- ★ A combination of theory and exercises, divided in seven steps



PAULINE PATER

OWN THE ROOM

CLAIM YOUR PLACE, SPEAK UP, AND CHANGE YOUR LIFE

Say goodbye to doubts, grab your fears by the scruff of the neck, and become the center of attention. In *Own the Room*, the reader learns to take their place at work, on stage, and in their own lives. This practical book by trainer and speaker Pauline Pater is full of relatable stories, exercises, and practical tips. Pater gives everyone the confidence to choose what they really want and to no longer be distracted by the opinions of others. A must read for every strong woman.

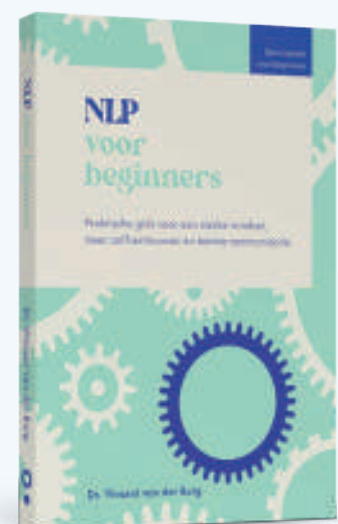
KOSMOS 192 PAGES SEPTEMBER 2025

ENGLISH SAMPLE TRANSLATION

SPIRITUAL BEGINNERS SERIES

★ Accessible and practical introductions for those who want to embark on a spiritual journey

★ Written by experienced authors in every topic



EFT for Beginners

EFT (Emotional Freedom Techniques) is an effective method to treat anxiety, stress and trauma. Through a tapping technique, you disconnect the conditioned stress response from the experience, and the past no longer has a negative impact on the here and now. In this book, you will learn about EFT and how to apply it yourself, including illustrations to guide you on the way to a fuller life.

Shadow Work for Beginners

Does that colleague who always speaks up bother you? Is that silent family member showing a passive attitude? There is a big chance this actually says something about your own suppressed beliefs and emotions. Shadow work is the answer for those who want to bring everything that was once hidden into the light, to live life fully.

Ayurveda for Beginners

Are you out of energy, in need of more rest, or just feeling out of balance? Get acquainted with the world of Ayurveda through practical, accessible explanations and the personal experiences of the authors. Ayurveda started in India and is seen as the study of life. Does cold showering suit your body mechanisms? Do you benefit more from a hot or a cold lunch? Discover the elements that belong to who you are (the doshas) and start living a balanced life.

NLP for Beginners

Neuro-linguistic programming (NLP) is a powerful way to influence your thoughts and establish a more positive mindset. In this book, psychologist and NLP trainer Vincent van der Burg shows how NLP works and how you can easily apply it in your daily life. With the practical tips and exercises in this book, readers will learn to think positively to achieve their goals and dreams.

KOSMOS 160 PAGES 2024-2025
ENGLISH SAMPLE TRANSLATION



Lenette Hermesen is a yoga teacher and ceremony facilitator.

Romane Kuijt is a holistic coach, reiki practitioner and ceremony facilitator. Together, they organize monthly ceremonies with various rituals for women.

★ A guide for women who want to discover the power of rituals

★ Ancient rituals for women are trending

★ Illustrated interiors



**LENETTE HERMSEN &
ROMANE KUIJT**

RITUALS FOR WOMEN

FROM COCOA CEREMONIES TO LIVING WITH THE MOON:
A GUIDE TO A DEEPER CONNECTION WITH YOURSELF

In this book, Romane Kuijt and Lenette Hermesen provide an introduction to the world of ancient women's rituals, from cocoa ceremonies to rituals surrounding menstruation. They offer a glimpse into the history of these rituals, show how to make your own altar, and explain how to perform rituals yourself. This is all linked to the seasons, the moon and major events.

KOSMOS 240 PAGES JANUARY 2025

ENGLISH SAMPLE TRANSLATION



Yeliz Çiçek was editor-in-chief at *Vogue*, wrote *Everything is Possible*, and runs the Female Initiative Business Academy along with Anna Nooshin.

Christine Beijnen is the founder of Cosmic Life. Her book *The Formula*, which also focused on manifesting, was on the bestseller list for weeks. ©DaeloShots

★ Immediately entered the best-seller list upon publication



**YELİZ ÇİÇEK &
CHRISTINE BEIJNEN**

EXPECT MIRACLES

40 DAYS OF MANIFESTATION

Manifesting is hotter than ever. Cambridge Dictionary recently declared 'manifesting' as the word of the year. In a world where people are increasingly focused on personal growth, balance, and realizing their dreams, there is a growing need for practical and accessible tools. Bestselling duo Yeliz Çiçek and Christine Beijnen make manifesting concrete. With the help of the tools in this book, your dreams and ambitions will become clear, you will get a grip on your routine, and you will learn how to manifest miracles.

A guide to a better life in 40 days, divided into four phases:

- Phase 1: Awareness, intention and formation
- Phase 2: Embodiment, inspired action and self-confidence
- Phase 3: Reception, acceleration and embodiment
- Phase 4: Integration, mastery and living as a manifester

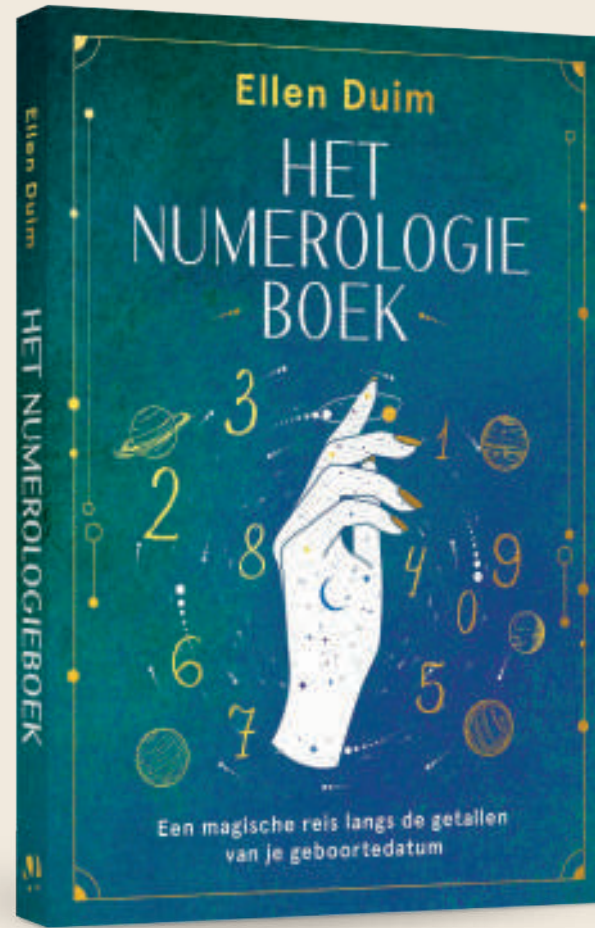
KOSMOS 208 PAGES AUGUST 2025

ENGLISH SAMPLE TRANSLATION



Ellen Duim has 30 years of experience in palmistry and numerology. In addition to consultations for individuals and companies, she offers a training program, workshops, and online courses. She is also a regular contributor to various media outlets, including *Happinez* magazine.

★ Discover the connection between the cosmos and yourself, to shape your life more consciously



ELLEN DUIM

THE NUMEROLOGY BOOK

A MAGICAL JOURNEY THROUGH THE NUMBERS OF YOUR BIRTHDATE

Numerology focuses on the moment of your birth and the position of the planets at that moment. This reflects the principle of ‘as above, so below,’ whereby cosmic influences affect your functioning. Numbers symbolize spiritual and mental levels. Each number is connected to a planet and emits a specific vibration frequency or energy. These symbols help you gain deeper insight into your life and your spiritual path.

In Ellen Duim’s *The Numerology Book*, you will discover the power of numerology with Ellen’s unique method, which helps you gain insight into your qualities, possibilities, and soul desires. Where lines in your hands are influenced by experiences and thoughts, numbers offer a clear and analytical approach. They reveal your blueprint and provide insight without judgment, allowing you to decide for yourself if you are ready for the next step.

ANKHHERMES 208 PAGES MAY 2025

ENGLISH SAMPLE TRANSLATION



Annick van Damme worked in healthcare for over 25 years, in addition to giving spiritual workshops and consultations. In 2020, she founded Divona to support others in their personal growth path.

- ★ Lay the cards for yourself instead of for others
- ★ Including historical background information



ANNICK VAN DAMME

TAROT FOR YOURSELF

SURPRISING INSIGHTS IN YOUR OWN HANDS

Do you want to get more in touch with yourself and life? Do you want to strengthen your intuition and dare to trust it? Do you want to shape your future consciously? In *Tarot for Yourself*, Annick van Damme provides clear explanations of the meaning and interpretation possibilities in tarot. Annick gives you tips to develop and trust your intuition and to become aware of your inner energy, expectations, dormant thoughts and feelings, and of everything that stagnates your power. An indispensable book for both beginners and advanced tarotists.

ANKHHERMES 280 PAGES 2023

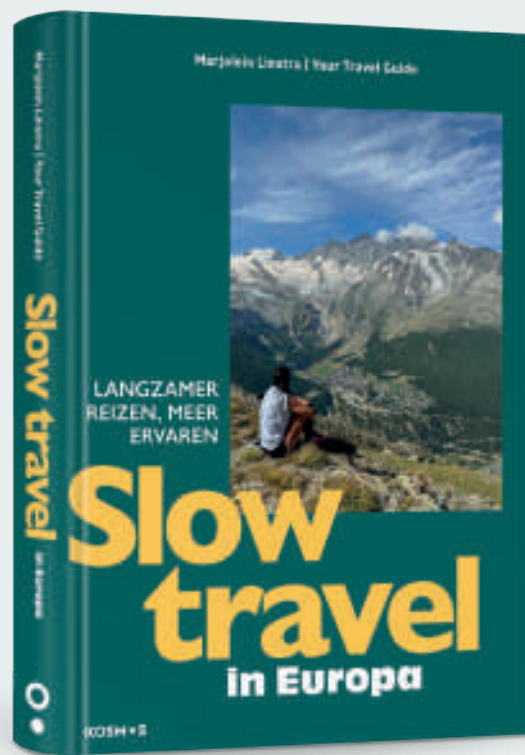
ENGLISH SAMPLE TRANSLATION



Marjolein Linstra inspires people through her award-winning website to slow down, experience vacations differently, and enjoy unique adventures.

★ A manifesto to make people enthusiastic about slow travelling

★ Marjolein's blog on her adventures has won the Golden Pen Award



‘A hectic daily life made me want to travel differently. Slower, closer to nature, to unknown destinations, but also to places I had seen before and, above all, experience more while traveling.’ – Marjolein Linstra

KOSMOS 280 PAGES SEPTEMBER 2025

ENGLISH SAMPLE TRANSLATION

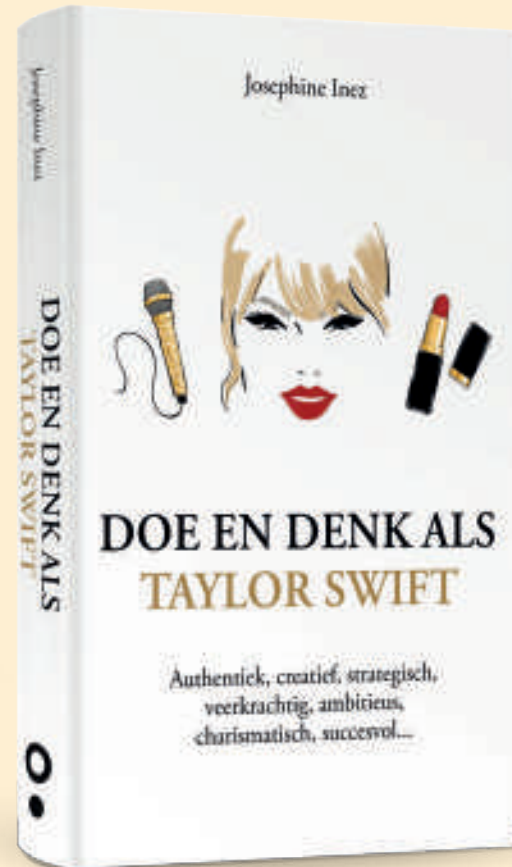
MARJOLEIN LINSTRA

SLOW TRAVELLING IN EUROPE

TRAVEL SLOWER TO EXPERIENCE MORE

Slow travelling is travelling to relax, let go of everyday life, and come home rested and full of new experiences. There are countless possibilities for that in Europe. You can travel on foot, by bike, or by train. Travelling is part of the journey, which also includes being open to spontaneous experiences, spending more time in nature and not just ticking off the highlights. Prepare to be inspired by Marjolein's favorite spots in Europe for slow travelling!





ACT AND THINK LIKE... SERIES

Act and Think Like a Writer

Creative, Courageous, Persistent, Curious, Solitary, Focused

Where does an author find inspiration? How does an author muster the courage to start something new? And how does an author stay focused? Whether you dream of designing your own garden, sailing around the world, or writing a book, these lessons in this book are also applicable to you. Take a look at your favorite author and learn from their behaviour. Don't give up, be brave, awaken your creativity, and bring that exciting project to a successful conclusion!

Act and Think Like Taylor Swift

Authentic, Creative, Strategic, Resilient, Charismatic, Ambitious, Successful

Act and Think Like Taylor Swift shows how creativity, entrepreneurship, strategic thinking, and resilience can lead to success. A book full of inspiration from Swift's life and career, with practical lessons on authentic expression, seizing opportunities, and breaking boundaries. By reading this book, you will learn how to create your own path with the same determination, charm, and innovation that Taylor has demonstrated throughout her life.

KOSMOS 176 PAGES 2025

ENGLISH SAMPLE TRANSLATION

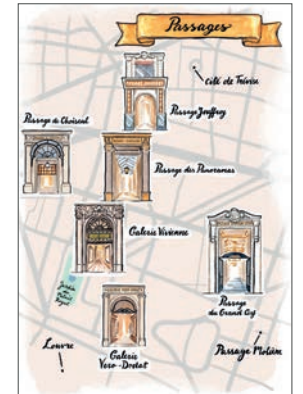


★ As a fashion illustrator, Anna Wijnands collaborates with renowned luxury brands



PEARLS OF PARIS

Meet Anna Wijnands, the famous fashion illustrator who is already being called the Dutch Megan Hess. In *Pearls of Paris*, she takes readers on a tour of the best coffee shops, walking routes, restaurants, and boutiques of Europe's most romantic city. Together with inviting texts, the beautiful illustrations and hidden gems make this book a treat to give or receive.





Karina Schaapman is an artist and creator of The Mouse Mansion. She created it as the backdrop for her children's books series about little mice Sam and Julia. To date, 23 books have been published. Her use of waste materials for her sets is world-famous. ©Het Muizenhuis

Louise Bijvoet wrote the knitting patterns for the mice and their clothing sets. She runs her own wool shop in the Netherlands.

★The adventures of Sam & Julia have been adapted into an international animated series. Theatre shows and an interactive game are currently in the making.

★The original books have been published in 33 countries and have sold more than one million copies around the world



‘I think the world needs compassion.
My intention was to create a safe, caring and
inclusive world for children.’

– Karina Schaapman

KOSMOS 128 PAGES NOVEMBER 2025

ENGLISH SAMPLE TRANSLATION

RIGHTS FOR CROCHET WITH SAM & JULIA SOLD TO: GUSTAVO GILI (WORLD SPANISH RIGHTS,
VIA ASTERISC AGENTS) AND HEEL VERLAG (GERMANY)

KARINA SCHAAPMAN

THE MOUSE MANSION KNITTING BOOK

DECORATE YOUR OWN MOUSE MANSION WITH THE
OFFICIAL KNITTING PATTERNS OF THE SAM AND JULIA
BRAND

With this knitting book, fans of Sam and Julia can knit the cutest clothes and accessories for their own decor or Mouse Mansion. The book includes official knitting patterns for some of the mice from *The Mouse Mansion* in various sizes, patterns for each character's distinctive outfits, and various adorable home accessories. Suitable for beginners and experienced crafters alike.





Sascha Blase-van Wagtendonk started crocheting and designing her own free patterns in 2009. Her blog *A la Sascha* has grown popular among hobby crafters. She has published 17 books in the Netherlands, including patterns for Onesiegurumi and crochet dolls, but also various pieces of clothing, such as socks, mittens and scarves.

★ Sascha's previous book, *Crochet Flowers*, has sold over 15.000 copies in the Netherlands

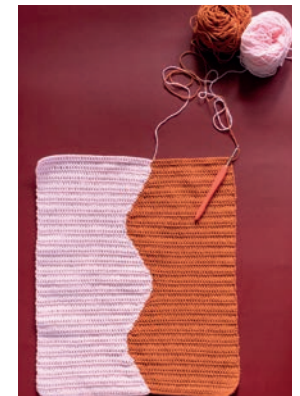
★ Sascha's patterns have been translated into English, German, French and Finnish



SASCHA BLASE-VAN WAGTENDONK

DELIGHTFUL SCARVES

Sascha is back with a new book on her favourite crochet item! *Delightful Scarves* is packed with crochet patterns for modern, sleek and colourful shawls, button scarves and everything in between. Colour blocking, pastel colours and retro prints turn all the scarves into works of art that give every outfit that extra touch. Easy to crochet and easy to wear! *Delightful Scarves* also includes challenging patterns for advanced crocheters.



KOSMOS 128 PAGES SEPTEMBER 2025

RIGHTS SOLD: STIEBNER VERLAG (GERMANY)



Sitting Still Like a Frog

Eline Snel

KOSMOS

Rights sold for 26 languages

Full English text available



Handbook for Difficult Days

Eveline Helmink

KOSMOS

Rights sold for 7 languages

Full English text available



Intermittent Living

Siebe Hannosset

BORGERHOFF & LAMBERIGTS

Rights sold for Simplified Chinese

Full English text available



Crocheting Flowers

Sascha Blase-van Wagtenonk

KOSMOS

Rights sold for World English



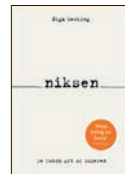
Breathe Through This

Eline Snel

KOSMOS

Rights sold for 17 languages

Full English text available



Niksen

Olga Mecking

KOSMOS

Rights sold for 14 languages

Full English text available



The Beautiful Things Along the Way

Rozemijn Aalpoel

KOKBOEKENCENTRUM

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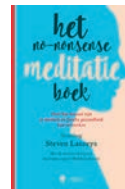
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The Little Frog Awakes

Eline Snel

LES ARÈNES

Rights sold for 9 languages

Full English text available



Choose Yourself Before You're Dead

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Half a million copies sold in the Netherlands

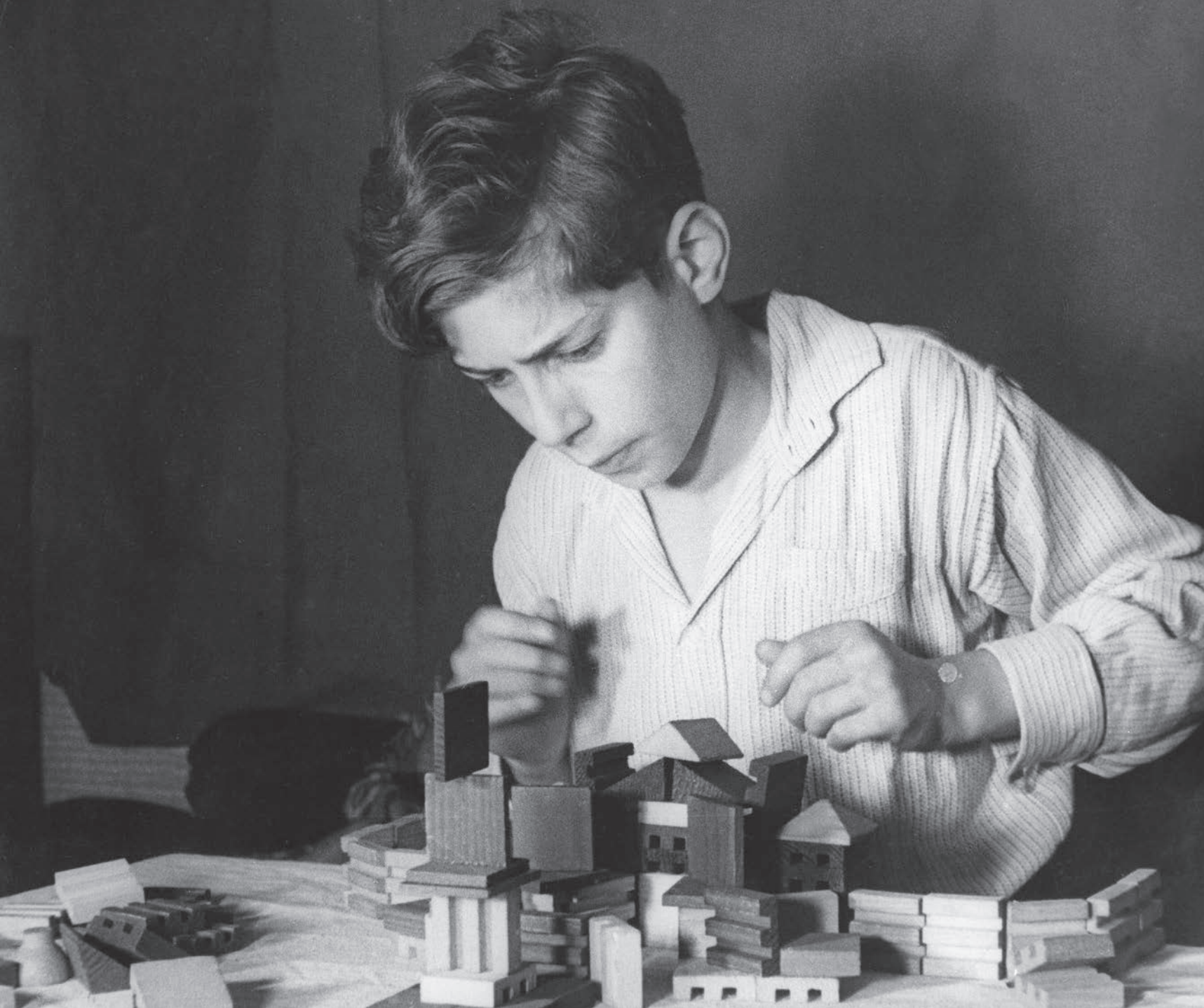


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FICTION & NON-FICTION

Autumn 2025

 **shared stories**
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Genres – literary fiction, non-fiction, history

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ANKHERMES

Genres – Spirituality, health, mind, body & spirit, personal growth, esoteric

Authors – Eckhart Tolle, Gabor Maté, Don Miguel Ruiz, Louise Hay, A Course in Miracles

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Genres – literary fiction, poetry, non-fiction, business

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Authors – Jamie Oliver, John Wiseman, National Geographic, Peter Hayman, Deepak Chopra, Alex Ferguson, Baptist de Pape, Ella Woodward, Sascha Blase-van Wagtendonk, Eveline Helmink, Eline Snel, Jord Althuisen

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Cobi van Baars (1967) is steadily building a compelling body of work. She made her debut with the novel *Schipper & Son* (2017), followed by *About the Cracking Egg* (2019) and *Fire Hours* (2020). *The Unintended* (2023) was well received; it sold more than 30,000 copies and was shortlisted for the Libris Literature Prize 2024.

★ From the author of *The Unintended*

★ Original, disturbing, and witty



ATLAS CONTACT - FICTION, NOVEL - 224 PAGES

COBI VAN BAARS COAT!

‘Elíne, in a relationship?’ None of her colleagues can imagine such a thing. Even Machteld, who considers herself spiritually gifted, seems to have missed the signs (but oh, how happy she is for Eline!). All this mistrust is not entirely unjustified, and Eline feels compelled to keep lying. Meanwhile, the office drama overshadows her love for archival work. Under Machteld’s influence, coffee breaks call for candor, and chief archivist Reinier confuses his open-door policy with control. Eline goes to greater lengths to maintain her facade. And all the while, the lie feeds her desire.

‘With *Coat!*, Cobi van Baars has delivered an excellent office novel full of entertaining characters.’ – *VPRO Gids*

‘Cobi van Baars gets better with every book she writes. In *Coat!* she has complete control over her story. (...) But Van Baars’ greatest strength is her psychology.’
– *Neerlandistiek*

‘*The Unintended* is a novel about misjudgments with far-reaching consequences that linger with the reader. Van Baars writes in a clever and very empathetic way.’
– jury Libris Literature Prize on *The Unintended*



Koen Caris (1988) is a theater and novel writer. His work has been nominated for the Zilveren Reissmicrofoon and the Prix Europa. He wrote, among other things, the theatrical adaptation of *Bonita Avenue* by Peter Buwalda. His debut novel, *Eating Stones*, was published in 2021 and won the Hebban Debut Prize. It sold over 20,000 copies and the film rights were sold to Pellicola Film.

★ A disturbing and surprising novel about the future



ATLAS CONTACT - FICTION, NOVEL - 320 PAGES

KOEN CARIS CITY O.

In 2035, the world is in crisis. Scarcity and poverty dominate, except in City O., where residents enjoy luxury: full shelves, spacious homes, and generous salaries thanks to factory Martha. Bethe and Tobias, a wealthy couple who want children, seem to lead the perfect life. But gradually, Bethe discovers that inexplicable things are happening. The factory seems to pose a threat, and when she tries to investigate, she encounters opposition from the city council. While Tobias resigns himself to the situation, Bethe wonders if she still wants to build a future in a city full of secrets and danger.

Koen Caris' follow up to his successful and award-winning debut novel *Eating Stones* is as surprising as it is disturbing. Caris sketches a society in which prosperity and security compete for primacy. A world toward which we seem to be hurtling at an alarming pace.

‘Caris is good at describing an oppressive atmosphere in a village, somewhat reminiscent of David Lynch’s films.’

– *Dagblad van het Noorden* on *Eating Stones*

‘An impressive debut, full of both extraordinary and utterly ordinary pain, expressed in clear sentences with subtle lyrical notes.’ – *Het Parool* on *Eating Stones*



Mathijs Deen (1962) is a writer and radio producer. His collection of short stories *Brutus Is Hungry* was nominated for the AKO Literature Prize and his novella *The Lightship* for the Libris Literature Prize. In 2013, he published the rich history *The Wadden Sea*, which sold over 30,000 copies. He has published non-fiction and novels, as well as a best-selling series of Wadden thrillers. All of Deen's work has been very well received and translated into several languages.

★ A subtle and poignant family portrait



ALFABET - FICTION, NOVEL - 176 PAGES

MATHIJS DEEN

GRASS

For the three generations of gardeners named Valks, the grass entrusted to their care has an existential meaning. The grass must be fed, aerated, rolled, scarified, watered, and, above all, expertly mowed, so that a lawn emerges from which the country house rises like a triumph over nature. Even as the noble families gradually lose their grip on their traditions and bank accounts, it is beneath the dignity of father, son, and grandson Valks to let the grass grow wild. Time passes, the scythe makes way for the mower, the father makes way for the son. Wars come and go, the landed gentry becomes impoverished, the country houses fall into disrepair. What remains is the grass.

‘Mathijs Deen is a superior stylist.’ – *Het Parool*

‘Mathijs Deen has a brilliant style: memorable sentences, metaphors, and images. I take my hat off to him.’

– Douwe Draaisma

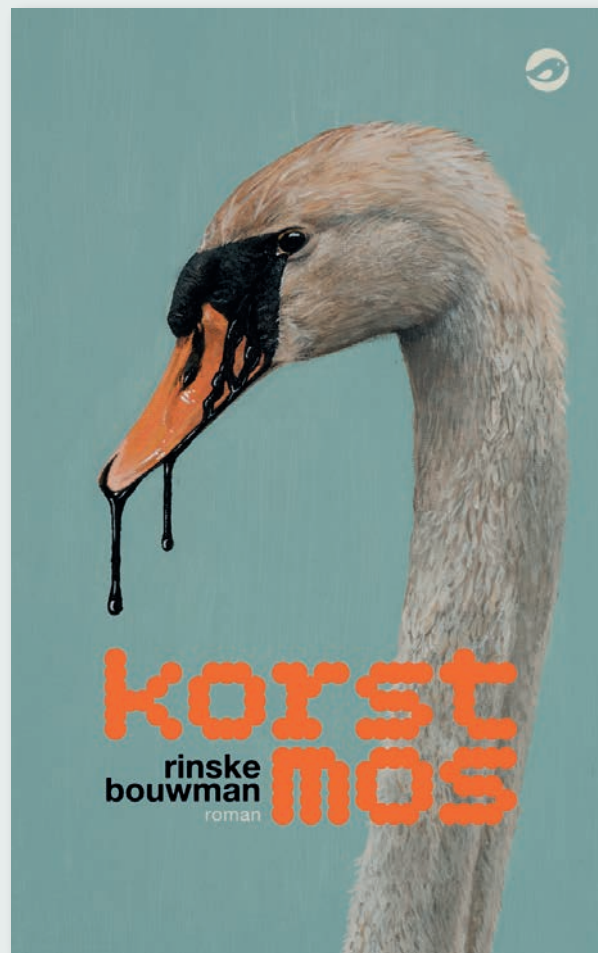
‘Mathijs Deen simply knows how to tell a story in such a way that the characters, their language, and their actions come across as grounded and lively, without compromising the pace and tension of the plot.’

– *Frankfurter Allgemeine Zeitung*



Rinske Bouwman (1988) is a theater maker and writer. Her debut novel, *Hard Skin*, was nominated for the Anton Wachter Prize and Hebban Debut Prize and has been sold to Fraktura (Croatia). She has performed at Lowlands and Crossing Border Festivals. This year, she represented the Netherlands at the European Festival of the First Novel 2025 in Germany. Bouwman made a 30 minutes theater performance for *The Otherworld*.

★ A moving and humorous novel about lost intuition, anticipatory grief, and what we can learn from swans



PUBLISHING HOUSE ORLANDO - FICTION, NOVEL - 224 PAGES
 AWARDED THE C.S. CRONE STIPENDIUM, DEBUT NOVEL
HARD SKIN SOLD TO CROATIA (FRAKTURA)

RINSKE BOUWMAN

THE OTHERWORLD

Marius is a bus driver, an aspiring birdwatcher, and a caregiver for his wife, Philo, who has outlived medical expectations for years. As a game developer, she introduces him to *The Otherworld*, a virtual space where people can be themselves or someone entirely different. In this realm, Marius starts a cruelty free tiger farm on a tropical island where he hosts online parties every Friday night. As he meets new people, he prepares for life after Philo's eventual passing.

Despite their long relationship, cracks appear in the symbiotic bond between Marius and Philo. Marius receives advice from real life sheep, ants, and his cat, while a swan tries to console him. The imbalance escalates until a tiger unexpectedly appears in his living room.

The Otherworld is a poignant and humorous exploration of lost intuition, anticipatory grief, and lessons from animals..

‘Bouwman has skillfully constructed her original narrative. [...] As the novel is written in the first-person, you slip smoothly into Sarlag’s fantasies.’

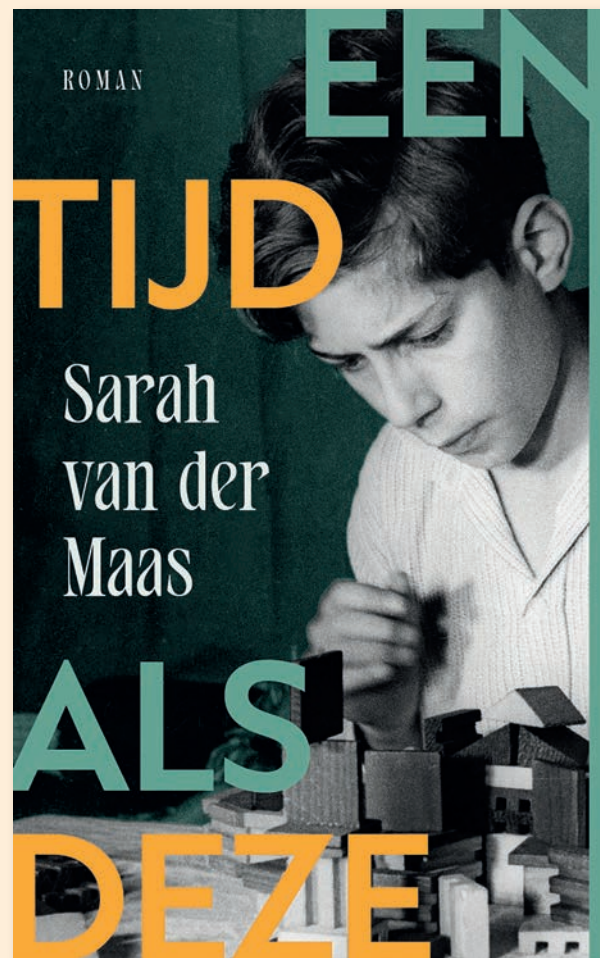
– •••NRC on *Hard Skin*

‘It is impressive how Bouwman builds the kind of suspense that makes you want to keep reading, both through the way she reveals information and through her vivid, visceral prose.’ – *Trouw* on *Hard Skin*



Sarah van der Maas (1995) is a historian and lives in Middelburg. She studied History in Leiden and Groningen, specializing in general and social history.

★ Gentle portrait of an ideology



MOZAÏEK - FICTION, NOVEL - 426 PAGES

SARAH VAN DER MAAS

A TIME LIKE THIS

Chaos, guilt, and identity are central themes in this novel set during the collapse of the Third Reich. After a false murder charge, fate turns against a National Socialist architect. He flees, assumes the identity of a dead driver, and is forced to take care of a mysterious silent girl whom he must now bring to Berlin. Their journey through a world that is literally collapsing forces him to rethink not only his dreams but also his convictions.

A Time Like This poignantly depicts the inner struggle of a man who sees his faith crumble in a doomed ideology, and raises questions about the human tendency to cling to illusions, even when reality undeniably proves the opposite.

‘The book smells like a mis: the same depth, the sadness, the joy, the mystery.’ – *Reformatorsch Dagblad*

‘A Time Like This is a novel that, balanced and vivid throughout, proves that an outstanding writer has arrived.’ – *HP/De Tijd*

‘With her vivid style, Van der Maas easily takes her readers along on a breathtaking journey of survival.’ – *Friesch Dagblad*

‘A powerful novel with tender sensibilities.’ – *De Nieuwe Koers*



Ellen De Vriend (1964) is a writer, journalist, and editor-in-chief. After completing her studies, she worked as a journalist for the Provinciale Zeeuwse Courant and for various magazines and weekly newspapers in Zeeland. After publishing several collections of short stories and travel books, she shifted her focus to writing thrillers. De Vriend's thriller *Lost* has sold over 45,000 copies, and her thrillers *Silence* and *The Inheritance* both sold over 30,000 copies.



DE FONTEIN - FICTION, THRILLER - 256 PAGES

ELLEN DE VRIEND

DEVIL'S CLAW

When a female jogger is raped at dusk in a rural area on Walcheren, the new police team leader Roos Latuheru has her first high-profile case. When two more students report that they narrowly escaped an attacker on a bicycle while jogging, the pressure on Roos and her team increases. Especially when it becomes clear that he is using devil's claw to incapacitate his victims. Can they track him down in time before more victims fall?

‘Versatile author Ellen De Vriend is at her best in her gripping thrillers. Zeeland as a murder scene... that is promising!’

– Anthoni Fierloos, Boekhandel *De Koperen Tuin*

‘Ellen De Vriend's style is smooth and vivid, and the plots are surprising’ – *Hebban*



Christien Brinkgreve is professor emeritus of Social Sciences. In addition to her academic work, she has always written for a wider audience. Her publications include *The Desire for Authority*, *The Enigma of Good and Evil*, and *The Space of Herman Hertzberger*.

★ A courageous search for memories, love, and the space we occupy.



**ATLAS CONTACT - NON-FICTION, MEMOIR, MOURNING, FEMINISME
176 PAGES**

ENGLISH MATERIAL AND SAMPLE TRANSLATION AVAILABLE,
OVER 85,000 COPIES SOLD IN THE NETHERLANDS, RIGHTS SOLD TO
CARL HANSER VERLAG (GERMANY)

CHRISTIEN BRINKGREVE BURDENED HOUSE

In *Burdened House*, Christien Brinkgreve offers a poignant account of a woman's journey following the loss of her husband. As she embarks on the daunting task of decluttering their home, each room becomes a portal to the past, unearthing memories and emotions long buried. Through this intimate process, Brinkgreve seeks to rediscover her late husband, understand their shared history, and reflect on the complexities of their life together.

Burdened house is a courageous memoir about the space one occupies in a relationship, within a family, in society, especially as a mother and as a woman - and examines themes of loneliness, anxiety, and the profound choices we make out of love.

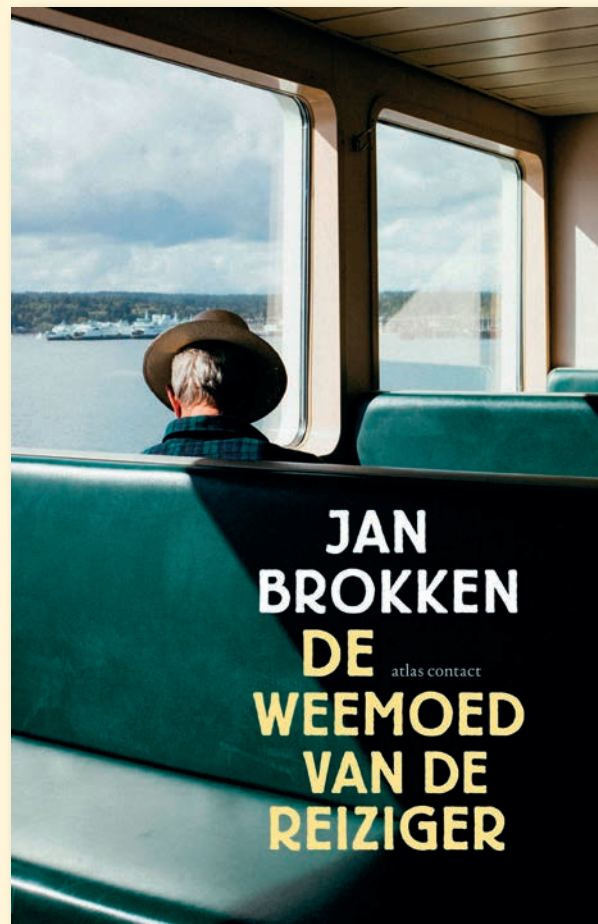
‘An extraordinarily insightful and brilliantly written book about a feminist woman who theoretically pursued equality between men and women, yet found how difficult, if not impossible, this was to achieve within the reality of marriage.’ – *NRC Handelsblad*

‘*Burdened House* reminds us how rare it is to be able to truly say what you think, even to the people you love most. A beautiful book.’ – *De Groene Amsterdammer*



Jan Brokken is a writer of novels, travel stories and literary non-fiction. He has gained international fame for works such as *Baltic Souls*, *In the Poet's House*, *The Reprisal*, and *The Just*. His work has been translated in over twenty languages. Several of his works have been adapted for film. He has been awarded various literary prizes, such as the Gouden Ganzenveer for his oeuvre, and was shortlisted for the Premio Strega Europeo.

★ With stories about musicians Béla and Ditta Bartók, composers Antonín Dvořák and Clara Schumann, writers Franz Kafka and Ismail Kadare, and painter Henri Matisse, among others.



ATLAS CONTACT - NON-FICTION, TRAVELING, MUSIC, ART - 336 PAGES

OVER 25,000 COPIES SOLD IN THE NETHERLANDS
RIGHTS SOLD TO IPERBOREA (ITALY)

JAN BROKKEN

THE TRAVELLER'S MELANCHOLY

Jan Brokken understands the art of traveling. His impressive oeuvre is characterized by a curiosity about human stories and unexpected encounters. His love of art is equally great and fundamental. In *The Traveller's Melancholy*, both of Brokken's passions come together. In fourteen stories about artists and the journeys they have made, whether physical or imaginary, melancholy is present, but so are a zest for life, dreams, the urge for adventure, reflection, great loves and broken hearts, wonder, homesickness, and the wisdom that comes with age. *The Traveller's Melancholy* touches our human essence: Brokken conveys like no other that travel and art set us in motion, make us think, and make us feel.

‘A new book by Jan Brokken is an experience, but not because it tries to be spectacular. He constructs his travel stories with precision and calm, almost against the tide; the spectacle lies in the details, the twists and turns, and the encounters, held together by a seemingly modest composition that betrays his craftsmanship.’

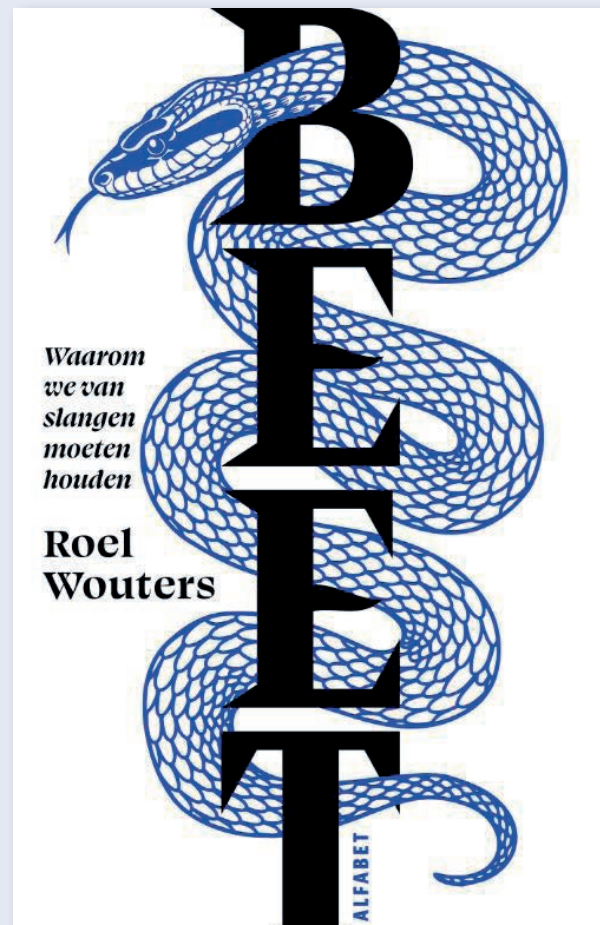
– *De Volkskrant*

‘Brokken's excellent nose for adventure and (art) history rarely disappoints.’ – *VPRO Gids*



Roel Wouters (1997) is a biologist working at Charles University in Prague, Czech Republic. He studied at Leiden University and has been fascinated by the evolution and ecology of reptiles ever since. In 2024, he was named a talented youngster under the age of thirty by *EW Magazine*. Wouters has conducted fieldwork in more than ten countries across five continents and published his research in leading journals, including in *Science*.

★ A captivating and fascinating book about snakes



ALFABET - NON-FICTION, BIOLOGY, EVOLUTION - 272 PAGES

ENGLISH ARTICLE FROM SCIENCE AVAILABLE

ROEL WOUTERS

BITE

WHY WE SHOULD LOVE SNAKES

Roel Wouters has been fascinated by snakes since he was a child. In *Bite*, Wouters provides insight into the research he and his colleagues have conducted and talks about the unique lifestyle, evolution, and behavior of social boas, flying snakes, anacondas with hind legs, and venom-spitting cobras. With infectious enthusiasm, Wouters not only shows how extraordinary snakes are but also explains why it is so important that they are protected and why we should love them. A book full of fascinating stories about this extraordinary and misunderstood animal.

‘One of the most promising scientists under the age of thirty.’ – *EW Magazine*



Judith Koelemeijer is a writer of literary non-fiction. She made her breakthrough with her family history *The Silence of Maria Zachea*, which sold over 350,000 copies and was awarded the NS Readers Award. *Anna Boom* and *Ascension* were also bestsellers. Her most recent work is the highly acclaimed biography of Etty Hillesum, which was shortlisted for the Bruseprijis, the Dutch Biography Prize, and the Libris History Prize. It has been translated into Italian, German and French.

★ A story about courage and the question of what you would do for someone else



ATLAS CONTACT - NON FICTION, MEMOIR - 128 PAGES

ENGLISH MATERIAL AVAILABLE, OVER 15,000 COPIES SOLD

JUDITH KOELEMMEIJER

THE RESCUE

On a cold winter evening, seventy-year-old Leah accidentally drives her car into a canal. A crowd gathers on the quay, but no one acts. Except for Mirjam, a young student who desperately tries to save her. She simply cannot watch someone drown. Years later, the two women look back on that defining moment, an act of courage that irrevocably shaped both their lives.

The Rescue is a powerful and profoundly moving true story about fate, chance, and human vulnerability. It raises urgent and universal questions: When someone is in need, do we act or do we look away? Who do we choose to be in a moment that matters most? With elegant restraint and psychological precision, Koelemeijer has crafted a narrative that is deeply personal and philosophically resonant – a literary meditation on compassion, responsibility, and defining moral choices.

‘An impressive book about urgent moral choices. Who risks their own life to save another, and who stays safely on the sidelines? *The Rescue* is a beautifully composed story that makes us reflect on the very nature of humanity.’ – •••••*NRC*

‘Stunning and suspenseful. Were it not for its afterword, *The Rescue* could readily be taken for fiction.’
– *de Volkskrant*



Miriam Lancewood is an adventurer and writer. She is known from the Travel TV programs and previously wrote the bestseller *My Life in the Wilderness*, which sold over 50,000 copies, and *Love in the Wilderness*. Lancewood's work has been translated into several languages.

★ A book about courage and resilience during challenging circumstances

★ With practical advice to become more self-reliant and independent



KOSMOS - NON-FICTION, TRAVELING, SURVIVAL - 256 PAGES

FULL ENGLISH TRANSLATION AVAILABLE

MIRIAM LANCEWOOD

SURVIVING IN THE WILDERNESS

MY MINDSET IN UNPREDICTABLE SITUATIONS

For seven years, Miriam Lancewood lived in the wilderness of New Zealand. Now, she lives with her husband Peter, in a shepherd's cottage in Bulgaria and regularly goes on expeditions that last several months. Lancewood knows better than anyone what it is like to be completely on your own. How does she prepare for a self-sufficient existence, both mentally and practically? And what situations does she face? With special tips and tools for women based on Miriam's own experiences.

'It is better to be a warrior in the garden than a gardener in a war.' – Miriam Lancewood



Salih El Saddy, born in Baghdad, Iraq, almost completed his training as an orthopedic surgeon in the Amsterdam region. He is currently a general practitioner in training at Erasmus MC in Rotterdam and works as a cosmetic doctor.

★ Unique eyewitness account of Salih El Saddy, the doctor who worked for a month at Al Shifa Hospital in Gaza



ZWARTJES & LABOVIĆ
NON-FICTION, MEMOIR, CURRENT AFFAIRS, MEDICAL - 208 PAGES
 ENGLISH MATERIAL AND FULL ENGLISH TRANSLATION AVAILABLE

SALIH EL SADDY

COME WHAT MAY

JOURNAL OF A DOCTOR IN GAZA

Since October 7, 2023, Dutch doctor Salih El Saddy has been following developments in Gaza with growing concern. Images of violence and human suffering flood his timeline, and the urge to help becomes unbearable. Early spring 2025, he decides to take action and offers his medical expertise to various aid organizations. Shortly after, Salih receives a message: he can join a medical mission to Gaza. He has two days to decide. Without hesitation, he leaves in May 2025.

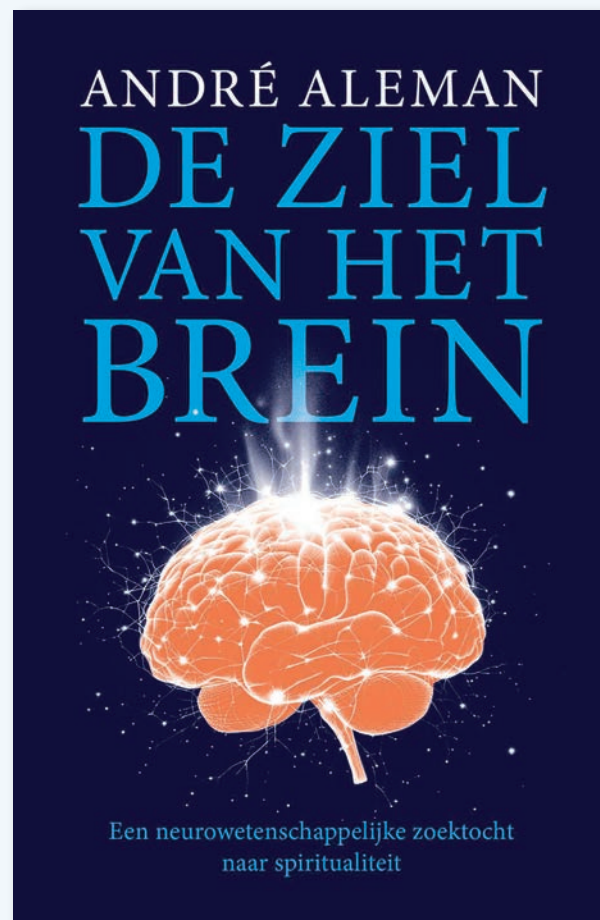
For a month, Salih works at Al Shifa Hospital in Gaza City under constant threat of bombing. He provides care to the critically injured, offers comfort to affected loved ones, and works side by side with local healthcare providers who have remained at the hospital despite everything.

Come What May is a poignant account of Salih's time in Gaza. It offers an honest, human insight into the daily realities of war, depicting not only the destruction, but also the unbreakable resilience of the people who continue to care for each other where the need is the highest.



André Aleman (1975) is a brain scientist and dean of the Faculty of Psychology and Neuroscience at Maastricht University. He is the author of several bestsellers, including *Our Aging Brain*, which sold over 50,000 copies and has been translated into eight languages.

★ From the author of the bestseller *Our Aging Brain*



KOKBOEKENCENTRUM
NON-FICTION, RELIGION, NEUROSCIENCE, SPIRITUALITY - 208 PAGES

ANDRÉ ALEMAN

THE SOUL OF THE BRAIN

A NEUROSCIENTIFIC EXPLORATION OF SPIRITUALITY

Why do so many people believe in something higher? In *The Soul of the Brain*, André Aleman explores the connection between faith and neuroscience. Is spirituality ingrained in our brains or is it a product of culture and experience? The renowned neuroscientist shows that our religious beliefs are closely linked to brain activity, but at the same time emphasizes that spirituality is more than just a product of our brains. In doing so, Aleman sheds new light on one of humanity's most important and oldest questions: is there more than we can perceive?

‘With his well-founded and clear formulations, Aleman offers a sober remedy for quick prejudices.’
– *De Volkskrant* on *Who's the Confused One Here?*

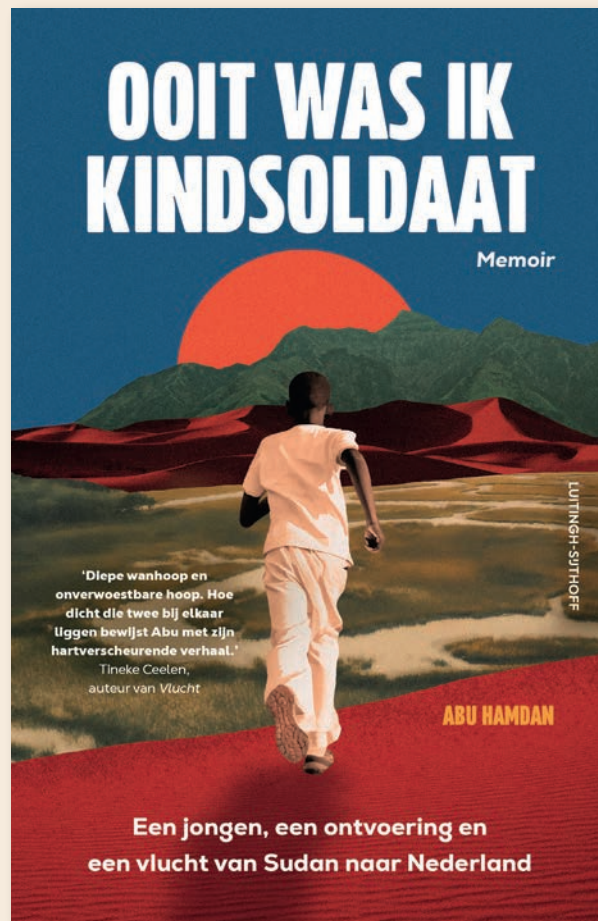
‘Aleman's merit is that he clearly knows what he is talking about and that he can separate sense from nonsense.’ – *Het Financieele Dagblad* on *Our Aging Brain*



Abu Hamdan (1983) works in an asylum seekers' center as a residential counselor, but he was once a child soldier in Sudan. He has been living in the Netherlands with his wife and daughter for twenty-four years.

★ For the readers of *The Naked Don't Fear the Water* by Matthieu Aikins

★ A gripping true story



LUITINGH-SIJTHOFF
NON-FICTION, AUTOBIOGRAPHY, CURRENT AFFAIRS - 304 PAGES

ABU HAMDAN

ONCE I WAS A CHILD SOLDIER

A BOY, A KIDNAPPING, AND A FLIGHT FROM SUDAN TO THE NETHERLANDS

Omdurman, Sudan, 1998. Fifteen-year-old Abu Hamdan has only one dream: to work in television, just like his brother. While he is studying theater, an invisible war is raging in the southern and western regions of the country. One day, Abu is dragged into an army truck by jihadist fighters and begins his training as a child soldier. For seven months, he is forced to fight and endures the most horrific events.

One night, Abu and a group of other children embark on a perilous journey through the desert, evading jihadist fighters, until they finally reach a refugee camp on the Kenyan border. Abu is sent, all alone, to the Netherlands, a foreign country with a language he has never heard before. There he must build a new life, while his sole desire is to let his family know that he is still alive.

‘A very engaging portrait of a child who is kidnapped and never returns home. It brings the war very close.’
– Koert Lindijer, Africa Correspondent *NRC*

‘Deep despair and indestructible hope. Abu proves how close the two are with his heartbreaking story.’ – Tineke Ceelen, author of *Vlucht*



Edino van Dorsten (1992) is one of nine children from Ruinerwold. The village made international headlines in 2019 when a hidden farm was discovered where an unregistered family had been living for years. 1.4 Million people watched the documentary based upon this story, *The Children of Ruinerwold* (2019).

★ The missing piece of the 'Ruinerwold story'



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EDINO VAN DORSTEN

MY NAME IS EDINO

Edino goes to school every day, along with his brother and sister. No one is allowed to know that there are six other siblings living at home who have little contact with the outside world. Their father calls himself "The Messiah" and prepares them for a divine mission. At home, Edino is physically and mentally punished for bringing 'bad influences' from school.

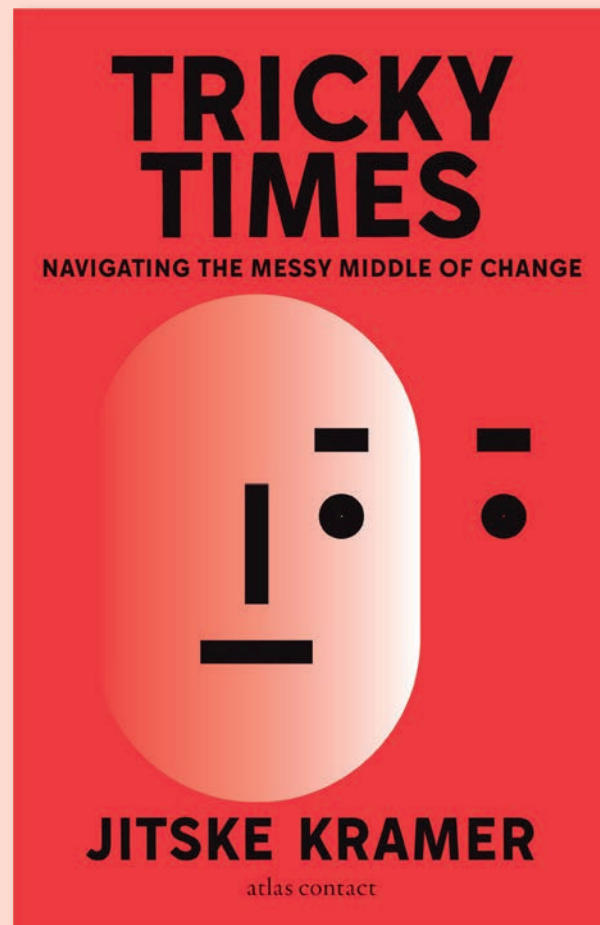
When his mother falls ill, the line between truth and madness blurs forever. Years later, Edino flees the house. He anxiously keeps his family secret hidden—until one day two police officers show up on his doorstep.



Jitske Kramer is an anthropologist, best-selling author, international speaker and founder of Human Dimensions. She has spoken at events, such as the Nordic Business Forum. Her previous titles, which include *The Corporate Tribe*, *Building Tribes*, *Deep Democracy*, *Jam Cultures* and *Work Has Left the Building*, have sold more than 175,000 copies and have been translated into English, German and Russian.

★ Nominated for management book of the year

★ Previous work has been translated into German, English and Russian



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JITKSE KRAMER

TRICKY TIMES

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– Robert Cialdini, author of *Influence*

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